

Website:

www.plainsareamentalhealth.org

Phone Numbers:

Toll-Free Phone:

1-800-325-1192

After Hours Emergency Phone:

1-888-546-0730

Main Office:

Le Mars

180 110th St. SE, Suite 201

P.O. Box 70

Le Mars, IA 51031

1-712-546-4626

Satellite Offices:

Cherokee

900 North 2nd St. Suite A

P.O. Box 972

Cherokee, IA 51012

712-225-2575

Ida Grove

700 E. 2nd St. Suite 2

P.O. Box 168

Ida Grove, IA 51445

712-364-3500

Storm Lake

728 Erie St.

P.O. Box 150

Storm Lake, IA 50588

712-213-8411

Carroll

318 S. Maple, Suite 1

P.O. Box 794

Carroll, IA

712-792-3067

Denison

515 Highway 39

P.O. Box 426

Denison, IA 514427

712-263-3172

Spirit Lake

710 Lake Street

Spirit Lake, IA 51360

712-320-8112



Outpatient Psychiatric Services

1-800-325-1192

www.plainsareamentalhealth.org

Available Services:

Psychiatric Evaluations and Diagnosis

This includes assessments to determine the benefits and types of medication therapy that could be used to help a client cope with a mental health problem.

Medication Management

If medication therapy is part of a treatment plan, our professionals are capable of prescribing, monitoring, and adjusting psychotropic medication to maximize treatment benefits and to help prevent or reduce adverse side effects.

Who Benefits from this Service?

Clients of all ages diagnosed with a mental health problem that can be helped by prescription medication can benefit from this service.

Just in Time Scheduling

To schedule follow up appointments with your medication prescriber after your first evaluation your prescriber will tell you when you are due to come back for a refill checkup appointment and instead of scheduling the next appointment that day you will wait and call the office to schedule the appointment 1 to 2 weeks before you are due for medication refills.

To help you get your appointment scheduled you will also receive a reminder text message, email, or automated call stating that you are due to see your medication prescriber. When you receive this message contact your office to schedule the appointment. Please be sure we have your current contact information.

* Important Information on Medication Refills*

In order to get your medication refills, you will need to be SEEN by your prescriber. If you miss your appointment you will need to reschedule an appointment as soon as possible. Medications may not be refilled outside of appointments.

* Important Information on Medication Refills*

If you utilize virtual telehealth to home appointments the following policy applies:

- The first time you are unable to connect for your virtual medication management telehealth to home visit you will be required to have your next visit in an office location. At that visit you may work with staff to review and do a practice call and if successful you may schedule future appointments as virtual.
- The second time you miss a virtual medication management telehealth to home visit due to connection issues you will be required to present to an office location for all future appointments.
- Additionally- If staff cannot reach you to confirm that you have your virtual appointment log in information your appointment will be canceled, and you will need to be seen in an office location.