

**Act Program Purpose:** Adult ACT serves individuals over the age of 17 who have a mental illness listed in the most current DSM that seriously impairs their functioning in community living. **Priority is given to individuals with schizophrenia, other psychotic disorders (e.g., schizoaffective disorder), bipolar disorder, or major/chronic depression,** as these illnesses more frequently cause long-term psychiatric disability. Priority is also given to individuals with continuous high service needs that are not being met in more traditional site-based service settings. **Individuals without active Medicaid should not be excluded from eligibility but additional funding is necessary for ACT services (Safetynet).** Individuals with a primary diagnosis of a personality disorder(s), SUD, or intellectual/developmental disabilities are not appropriate for ACT.

## **Referral to Assertive Community Treatment**

### **Mark Appropriate Admission Criterion- (minimum of 7 need to be met to be considered):**

- ☐ 1. Be at least 17 years of age
- ☐ 2. Has a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, borderline personality disorder or major depressive disorder
- ☐ 3. Co-occurring, developmental disability, personality disorder, or organic disorder diagnosis is **NOT** listed as primary diagnosis but can be secondary or tertiary, etc.
- ☐ 4. Medically stable and does not require more intensive medical monitoring
- ☐ 5. Unable to participate in traditional office-based services
- ☐ 6. Lives independently or is homeless but demonstrates a capacity and desire to live independently in the community with additional combined mental health and basic living supports to prevent need for highest level of care
- ☐ 7. In the last year has had two or more psychiatric hospitalizations OR
- ☐ 8. In last year has had two or more psychiatric ER visits OR
- ☐ 9. In last year has had two or more access center or visits by mobile crisis team OR
- ☐ 10. Has been incarcerated two or more times within the last **two** years
- ☐ 11. Demonstrates a need for multiple combined mental health and basic living supports to prevent the need for more intrusive level of care
- ☐ 12. Has intractable (i.e., persistent or recurrent) severe major symptoms (e.g., affective psychotic, suicidal, self-mutilation)
- ☐ 13. Is not adhering to medications as prescribed
- ☐ 14. Presents a low risk to self, others, or property, with treatment and support
- ☐ 15. Living in an inpatient bed or in a supervised community residence, but clinically assessed to be able to live more independently if intensive services are provided

# Act Referral Cont.

Referral Provider: \_\_\_\_\_ Agency: \_\_\_\_\_ Contact Phone # \_\_\_\_\_

## PATIENT DEMOGRAPHIC INFORMATION

Patient's Name \_\_\_\_\_

Address(street, city, zip code): \_\_\_\_\_

Home Phone: # \_\_\_\_\_ Cell Phone: # \_\_\_\_\_ DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Sex: \_\_\_\_\_ Race: \_\_\_\_\_ Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed

Insurance Type & #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Clinic Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Current Type of Housing (e.g., group home): \_\_\_\_\_

Veteran: ☐ Yes ☐ No Potential Transportation Issues? ☐ Yes ☐ No

## CLINICAL INFORMATION

Reason for Referral: \_\_\_\_\_

Primary Psychiatric Diagnosis: \_\_\_\_\_

Secondary Psychiatric Diagnoses (including substance abuse): \_\_\_\_\_

Medical Diagnoses: \_\_\_\_\_

Relevant Social Factors: \_\_\_\_\_

## Past Psychiatric History (hx) and Treatment (please check appropriately)

Hx of violence? ☐ No ☐ Yes, details \_\_\_\_\_

Hx of suicide attempts? ☐ No ☐ Yes, details \_\_\_\_\_

Hx of psychiatric hospitalizations? ☐ No ☐ Yes, details \_\_\_\_\_

Previous/current symptoms: \_\_\_\_\_

Current Treatment and or Symptoms: \_\_\_\_\_

Current suicidal/homicidal thoughts? ☐ No, ☐ Yes, details: \_\_\_\_\_

Current mental health provider? ☐ No ☐ Yes, details: \_\_\_\_\_

Current Medications (name, dose, pharmacy, attach list if preferred): \_\_\_\_\_

## Current or Previous Legal Concerns:

Current or history of legal problems? ☐ No ☐ Yes, details \_\_\_\_\_

Current or previously ordered to mental health or substance use disorder treatment? ☐ No ☐ Yes, details: \_\_\_\_\_

Probation or Parole officer?(Name, Phone number): \_\_\_\_\_

Other concerns?: \_\_\_\_\_

Signature of Referral Source: \_\_\_\_\_ Date: \_\_\_\_\_

Please send referral from to: [referrals@pamhc.org](mailto:referrals@pamhc.org)