

Referral Criteria

Turning Point 900 Early Street, Sac City, Iowa

PH: 712-662-8055 FX: 712-662-8054
Cell: 712-661-8000



Turning Point is a facility that will provide short term crisis stabilization residential services (3 to 5 days stay) to individuals who are 18 years of age or older, meet mental health crisis criteria and are not in need of inpatient mental health treatment. Referrals will be screened by an Emergency Department physician, local physician, or a mental health professional to deem that they are medically stable and in a state of mental health crisis.

At least one of the following criteria may prohibit the individual from admittance:

- Acute medical condition – Note: individual may be monitored and screened for later acceptance of admission.
- Physical disability preventing consumer to care for self
- Actively psychotic
- Sex offender
- Actively suicidal and or homicidal: do they have a plan or the means?
- Active self-injurious behavior in the past 24hrs
- High risk behavior of violence
- Over the legal alcohol limit; may admit after a lab test showing under the legal limit.
- Currently detoxing due to alcohol

Referral Information

Name: _____ Preferred name: _____

DOB: _____ SSN#: _____ PH: _____

Address: _____ County: _____

Legal Guardian or Power of Attorney? Yes ___ No ___ If Yes, Who: _____

Emergency Contact Name & PH: _____

MCO/Medicaid #: _____ Other Insurance: _____

Sex: _____ Sexual Orientation: _____ Gender Identity: _____ Preferred Pronouns: _____

Race: _____ Military Y/N: _____ Marital Status: _____

Religious preference and needs (food, routines, etc.): _____

Please describe impairments that are occurring due to mental health symptoms: _____

History

Mental Health Illness: Yes ___ No ___ If yes, List Diagnosis: _____

Currently receiving outpatient psychiatric treatment?

Yes ___ No ___ If yes, Name of Provider & Agency: _____

Currently have a Case Manager, Integrated Health Home worker, or DHS case worker?

Yes ___ No ___ If yes, Name of Worker & Location: _____

Check all the following behaviors that apply:

- Manic Behavior Threatening Others Paranoia
 Borderline Traits Auditory Hallucination Aggressive Behavior
 Visual Hallucinations Depression Anxiety
 Self-Harm Isolated or Withdrawn Sexual Problems
 Current and/or History of Eating Disorder Current and/or History of Pica

Suicidal Ideation, Plan _____

If individual presents with suicidal ideation, please answer the following questions:

- Have there been prior attempts of suicide? Yes No If Yes, how many attempts? _____
- Method and date of last attempt? _____ Hospitalization required? Yes No
- Has the individual ever received inpatient treatment for mental health? Yes No
- If yes, where and when _____

Homicidal Ideation, Plan _____

If individual presents homicidal ideation, please answer the following questions:

- Current indicators of risk:
 - Makes threatening comments Makes threatening comments to intended victim
 - Engages in threatening behavior History of aggressive behavior and poor impulse control
 - History and/or current domestic or familial violence issues
 - Prior acts of violence
- If yes to any of the above, date of most recent episode/act: _____

Sexually Inappropriate Behavior. If the individual presents with sexually inappropriate behavior, please answer the following questions:

- Current indicators of risk:
 - Makes threatening gestures
 - Makes sexually inappropriate comments to intended victim
 - Engages in sexually inappropriate behavior
 - History of aggressive behavior and poor impulse control
 - Prior acts of sexually inappropriate/aggressive/assaultive behavior

SUBSTANCE USE SCREENING: *Please ask the individual the following.*

<u>The last time they used in the past month</u>	Not at all	1-3 days	3 days or more
Any type of alcohol (beer, liquor, wine)			
Marijuana			
Methamphetamines			
Cocaine			
Heroin			
Ecstasy			
Inhalants (fluids, gasoline, lighters, paint)			
Prescription drug abuse (Xanax, OxyCotin, Vicodin, Codeine)			

OTC medication abuse			
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- Have you ever been treated for substance abuse on an inpatient or outpatient basis? Yes No
- If yes, where and when? _____
- Have you been or are you experiencing any of the following symptoms due to withdrawal from substances?
 - Shaking hands Vomiting or stomach cramps Fever Hallucinations
 - Fainting Irritation Other withdrawal symptoms

Please attach a list all prescribed and over-the-counter medication the individual is currently taking. Include recently stopped medications.

Name of Current Pharmacy: _____

List any pertinent medical information, discharge planning, follow-up information: _____

Provide the following list of clinical information:

- History & Physical or most recent Primary Care Physician Note
- Psychiatric Evaluation and supporting documentation, if applicable

The purpose of acute crisis residential stabilization services has been explained to me and I voluntarily choose to participate.

Individual Signature: _____ Date: _____

I have reviewed the material and it is my professional opinion that the individual is appropriate for acute crisis stabilization residential services at Turning Point.

Referring Provider & Agency Signature: _____ Print Name: _____

Date: _____